

MEC Institutions

Focused on Values

What makes the MEC Institutions different is the unwavering focus on timeless Indian values. It is our mission to enable each of our students to discover his/her true potential and make the best of it.

Sensitizing the Child through Activities

Based on the recommendations of a panel of experts, we have evolved a list of activities in which children are encouraged to take active part. The activities include:

- celebrations of popular Indian festivals,
- competitive events based on various talents,
- birthdays of well known personalities across different spheres, and
- globally acknowledged important days

We Invite Parent Participation

Enthusiastic and imaginative parents can make a big difference to the quality of learning during these early years. In order to deliver more meaningful and enjoyable childhood experiences to the children, we welcome committed parents to play an active role - by throwing up ideas and thinking of ways of supporting our initiatives.

Designed by: www.vidhuma.com



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PARENTS' HANDBOOK

2025-26

With
Calendar of Events

ACTIVITIES

Dates		Activities	Groups
June			
02-06-2025	Mon	School Reopen – “New Year New Adventures”	A,B & C
05-06-2025	Thurs	World Environment Day – “Go Green Breath Clean” Activity: Thumb Print Ladies finger Print Finger Print Note: Materials will be provided by the school.	A B C
13-06-2025	Fri	Father’s Day –Special Activity Making Greeting card. Note: Materials will be provided by the school.	A,B & C
16-06-2025	Mon	Submission of Books. All books to be wrapped, labeled and submitted. All books & stationery will be kept in school for the academic year.	A,B & C
20-06-2025	Fri	International Yoga Day and World Music Day: Special Assembly Programme (Performing Few Yogasanas & Mass Bhajan)	A,B & C
21-06-2025	Sat	Orientation Program for New Parents Note: All the parents are requested to attend.	A,B & C
July			
04-07-2025	Fri	Blue and Pink Day Celebration Note: Dress colour code will be assigned according to group. Activity: Umbrella Butterfly School Bag Colouring Competition (Children will be judged by their colour combination, Neatness and Creativity) Note: Materials will be provided by the school.	A B C
10-07-2025	Thurs	Guru poornima – A Special Assembly activity highlighting the importance of knowledge, gratitude and honoring our teachers and gurus.	A,B & C
12-07-2025	Sat	Founder’s Day - “Honouring our Roots, Celebrating our legacy”.	A,B & C

Group A: Rosettes (Play Group & Pre-Nursery) **Group B:** Florettes (LKG) **Group C:** Violettes (UKG)

for 2025-26

Date	Day	Activities	Group
August			
04-08-2025	Mon	Friendship Day – “ Together we shine” Special Assembly activity by Tying the Friendship band. Note: Parents should send the friendship band.	A,B & C
14-08-2025	Thurs	Independence-eve Celebration Tricolour Day Note: Dress colour code will be assigned according to group. Activity: National Fruit (colouring) National Bird (Paper folding) National Flower (colouring) Note: Materials will be provided by the school.	A B C
15-08-2025	Fri	Independence Day Celebration Note: Parents are cordially invited to attend the celebration in our main campus.	A,B & C
19-08-2025	Tues	Krishna Janmashtami celebration - “Dahi Handi” Activity: Foot Print Note: Children should dress up as Radha and Krishna	A,B & C
September			
08-09-2025	Mon	Teacher’s Day Celebration Flowers Day – “ Blossoming Beauty” Note: Each child will be assigned to bring particular flower. Activity: Bubble wrap print: Marigold Colouring: Flower vase Finger Print: Flowers Note: Materials will be provided by the school.	A B C
15-09-2025	Mon	Show and Tell Competition Theme: Indoor and Outdoor Games Props. Note: Children will be judged by their sentence formation, Pronunciation and confidence.	A,B & C
19-09-2025	Fri	Dasara will be celebrated by enriching knowledge about the victory of good over evil	

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ACTIVITIES

Date	Day	Activities	Group
		through stories, activities and festive fun. Note: Children can bring dolls and toys for decoration. Activity: Decorating Elephant using glitter colours Decorating Bow and Arrow using beads and woolen Making Dolls using woolen and bangles Note: Materials will be provided by the school.	A B C
		October	
02-10-2025	Thurs	Gandhi Jayanthi and Lal Bahadur Shastri Jayanthi Celebration	A,B & C
13-10-2025	Mon	English Recitation Competition Note: The Children should recite the specified rhymes. They will be judged by their action, expression, pronunciation & presentation.	A,B & C
24-10-2025	Fri	Deepavali celebration – “Sparkles and Smiles” Activity: Diya Decoration Note: Mud diya should be sent by the parents.	A,B & C
27-10-2025	Mon	Fruits Day – “Fruitful Delights” Activity: Colouring fruit (Orange) Earbud activity (Water melon) Colouring (Fruit bowl) Note: Each child will be assigned to bring particular fruits. Memory Test Competition	A B C
		November	
01-11-2025	Sat	Kannada Rajyotsava Celebration.	A,B & C
07-11-2025	Fri	Red and Yellow Day Note: Dress colour code will be assigned according to group. Activity: Finger Print (Flowers) Colouring (Lady bug) Ear bud Activity (Vase) Note: Materials will be provided by the school.	A B C

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for 2025-26

Date	Day	Activities	Group
		Kannada Recitation Competition Note: The Children should recite the specified rhymes. They will be judged by their action, expression, pronunciation & presentation. Parents' Day (Making “Thank You” cards for parents)	A,B & C
15-11-2025	Sat		
28-11-2025	Fri	Children's Day Celebration - Fancy Dress Competition Theme: Transportation Note: Participation will be judged on innovative dressing with materials available at home. Children dressed in hired costumes will be disqualified.	A,B & C
		December	
12-12-2025	Fri	Story Telling Competition Note: Children should narrate the specified stories. They will be judged by their action & expression, pronunciation & presentation.	A,B & C
23-12-2025	Tues	Christmas Celebration Activity: Ladies finger Print (Decorating Gift Box) Colouring (Christmas Tree) Paste cotton / wool/ colour paper (Christmas tree and snow man) Note: Materials will be provided by the school.	A B C
		January 2026	
09-01-2026	Fri	Bhagavadgita Recitation Competition Note: Participants will be judge by Presentation, Pronunciation and Completion of the shlokas. 1 to 5 Shlokas (Chapter -1) 1 to 10 Shlokas (Chapter -1) 1 to 15 Shlokas (Chapter -1)	A B C
12-01-2026	Mon	Swami Vivekananda Jayanti Assembly activity - Speech	A,B & C
13-01-2026	Tues	Sankranti Celebration – “Suggi Habba” Note: Each child should bring kite. Activity: Pongal pot (Paper Collage)	A

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ACTIVITIES

Date	Day	Activities	Group
26-01-2026	Mon	Kite (Paper Collage)	B
30-01-2026	Fri	Scenery (Paper Collage)	C
		Note: Materials will be provided by the school.	
		Republic Day Celebration	A,B & C
		Open School Day –	
		“Learning Together Growing Together”	
		Note: Students actively participate in various activities and confidently present their learning experiences.	A,B & C
		February	
13-02-2026	Fri	Vegetables Day – “Veggie Vibes”	
		Note: Each child will be assigned to bring particular fruits.	
		Activity: Spray painting (Pumpkin)	A
		Sponge dabbing (Capsicum)	B
		Onion print (Chick)	C
		Note: Materials will be provided by the school.	
		March	
03-03-2026	Tues	Holi Celebration - “Colour Your World”	
		Activity: Palm print & Dabbing activity	
		Note: Materials will be provided by the school.	A,B & C
28-03-2026	Sat	Graduation Day	A,B & C

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Holidays

June	07/06/2025	Saturday	Bakrid
July	06/07/2025	Sunday	Moharram
	29/07/2025	Tuesday	Nagarapanchami
August	08/08/2025	Friday	Varamahalakshmi
	16/08/2025	Saturday	Krishna Janmashtami
	26/08/2025	Tuesday	Swarna Gowri vratam
	27/08/2025	Wednesday	Ganesha chaturthi
September	05/09/2025	Friday	Eid-Milad
	21/09/2025	Sunday	Mahalayaamavasya
October	01/10/2025	Wednesday	Mahanavami ayudha pooja
	02/10/2025	Thursday	Vijayadashmi
	07/10/2025	Tuesday	Valmiki Jayanthi
	20/10/2025	Monday	Narakachathurdasi
	21/10/2025	Tuesday	Deepavali
	22/10/2025	Wednesday	Balipadyami
November	08/11/2025	Saturday	Kanakadasa Jayanthi
December	24/12/2025	Wednesday	Christmas Eve
	25/12/2025	Thursday	Christmas
January	01/01/2026	Thursday	New Year
	14/01/2026	Wednesday	Makara Sankranti
February	15/02/2026	Sunday	Mahashivarathri
March	04/03/2026	Wednesday	Holi
	19/03/2026	Thursday	Ugadi
	21/03/2026	Saturday	Eid-ul-fitr

Note: Any other Holiday declared by the Govt or by the Education Dept. will be notified. Few holidays are subject to the appearance of the moon and Almanac.

Important Days Observed & Assembly Activity 2025-26

05-06-2025	Thursday	World Environment Day
13-06-2025	Friday	Father's Day
21-06-2025	Saturday	World Music Day & International Yoga Day
04-07-2025	Friday	Blue and Pink Day Celebration
10-07-2025	Thursday	Guru Poornima Day
12-07-2025	Saturday	Founders Day
04-08-2025	Monday	International Friendship Day
14-08-2025	Thursday	Tri colour Day celebration - Saffron, White, Green
15-08-2025	Friday	Independence Day of India
19-08-2025	Tuesday	Krishna Janmashtami Celebration
29-08-2025	Friday	National Sports Day
05-09-2025	Friday	Teacher's Day
08-09-2025	Monday	Flowers Day
		Teacher's Day Celebration
19-09-2025	Friday	Dasara Celebration
02-10-2025	Thursday	Gandhi Jayanthi and Lalbhadur Shastri Day
24-10-2025	Friday	Deepavali Celebration
27-10-2025	Monday	Fruits Day Celebration
07-11-2025	Friday	Red and Yellow Day Celebration
14-11-2025	Friday	Children's Day
15-11-2025	Saturday	Parents' Day
28-11-2025	Friday	Fancy Dress Competition
23-12-2025	Tuesday	Christmas Celebration
13-01-2026	Tuesday	Sankranti Celebration
30-01-2026	Friday	Open School Day
13-02-2026	Friday	Vegetables Day
04-03-2026	Wednesday	Holi Celebration
28-03-2026	Saturday	Graduation Day

Parents and Teachers Meetings

Parents are requested to attend the meetings to discuss the academic performance of their wards. PTM dates for each class are mentioned below. Parents should attend the meeting without fail.

P.T. Meeting Schedule with Principal & Management

Parents and Teachers Meeting - I

Pre-Nursery, LKG & UKG	02/08/2025
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Parents and Teachers Meeting - II

Pre-Nursery, LKG & UKG	10/01/2026
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Visiting Hours: Parents may visit Principal for any enquiry after 3.20pm to 4.00pm.

In case of emergency (for genuine reason) they can approach the Principal at any time during working hours.

A Message To The Parent

Parental Co-operation

Please participate to achieve the great task of building a model school and offer your constructive suggestion in the parent-teacher meetings arranged periodically by the school. Parents are requested to attend the meetings without fail, in order to ensure the steady progress of your child.

- Child should avoid carrying sharp instrument to school.
- If the child is left in the school premises beyond 15 minutes after the final bell, the institution cannot take the responsibility of the child. Hence be on time to take the child back home.
- Avoid sending your child for home tuition.
- There is no written homework for the child. Hence do not ask the child to write at home.
- The school is not held responsible for any incidence, after the school hours outside the school premises.
- Parents should meet the class teacher only on Saturdays.

Rules and Discipline

Enrolment in MEC Institution implies willingness to comply with the rules and regulations of the school issued from time to time.

- The child should wear prescribed, clean and well ironed uniform.
- A well-dressed child is a credit to himself/ herself and also to parent and school.
- In order to acquire a good command over English language which is the medium of instruction, children should speak only in English on the school premises.
- Every child shall have textbooks and notebooks required for the classes and books will be kept in the school. The child need not carry book daily to school.
- Parents should co-operate with the school authorities for the progress of the child.
- A known person to the school authorities should escort the child daily. In case of unavoidable circumstances, if any unknown person comes to take the child a letter of identity duly signed by the parents is necessary.
- Please make it a policy to meet the class teacher or Head of the Institution whenever requested to do so: do not excuse yourself in this important matter.
- In case you want to meet the Head of the Institution with any of the problems concerning your ward, fix up prior appointment.
- In case of contagious diseases, parents are requested to keep the child at home for the minimum period required. A Medical Certificate is required for the said period. Parents should observe this rule strictly in the interest of the other children.
- Children should not wear costly jewellery or bring any costly items to the school. School will not be held responsible for any loss.

The following items should be sent with the child regularly in clean condition.

Play Group	Pre-Nursery, LKG & UKG
- Water bottle	- Water bottle
- Napkin (10" x 15" turkey napkin)	- Napkin (10" x 10" turkey napkin)
- School Diary	- Spoon & Basket
- A pair of dress	- School Diary
	- A pair of dress

Facilities Provided

Trained teachers: MEC Institutions believe in having committed teachers who have a passion for spending time with children, apart from the requisite qualification, experience and aptitude.

Smart classroom: The school has a technology enabled presentation tool that brings magical, world class, dreamy presentations to amaze the little children.

Value based programs: We conduct sadhbhavana programs like chanting of the Bhagavad Gita shlokas, bhajans etc. We celebrate all religious festivals.

Nutrition program: We pay importance to the nutritional aspect of each and every child's growth and development. The school provides fresh milk, salads (vegetables & fruits) and sprouts according to the child's taste.

Parents And Teachers Meetings (PTM)

Parents are requested to attend the meetings to discuss the academic performance of their wards. PTM dates for each class are mentioned in the calendar of events. Attendance is compulsory for the meetings.

Visiting Hours for Parents

Parents may visit the principal & Teachers for any enquiry during 2:00 to 3:00 p.m. from Monday to Friday & Saturday 9:30 a.m. to 12:00 noon. In case of emergency (for genuine reason) they can approach the Principal at any time between working hours.

Log in to Check out

The Parents can log in to school Website to access updates, events, and photos related to the school.

Website: www.preschool-vkk.in

School-Parent Communication will be through UOLO Learn App.

School Telephone No: 080-41685124 / 6366732999

Policy on Managing Aggressive Behaviour from Parents and Visitors

Introduction

A parent (or guardian) is a key stakeholder in the learning process of a child. Parental involvement is an important factor in educational success and in dealing with emerging problems at an early stage. MEC Institutions believe that pupils benefit when the relationship between home and school is a positive one. If a parent is unhappy or dissatisfied with some aspect, the school encourages grievance redressal through dialogue. This way there is scope for improvement and corrective measures to be taken. However, on the rare occasions when a negative attitude towards the institution is expressed by a parent or guardian, this can result in aggression, verbal and or physical abuse towards members of the staff, pupils, or other members of the institution.

All members of MEC Institutions have a right to work and learn in a safe place. Since majority of MEC staff are women, violence, threatening behaviour and abuse against school staff or other members of the school community will not be tolerated. There is no place for violence, threatening behaviour or abuse in an institution. Where such behaviour does occur, management will be forced to initiate action to deal with it.

MEC Institutions explicitly mention the desirable behaviour of parents on campus. However, in the unlikely event of aggressive or abusive parents and visitors who cause nuisance, this document provides guidance for dealing with the same.

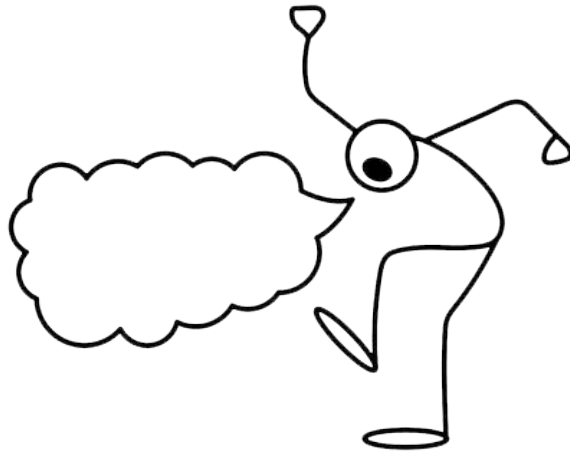
A parent (guardian) of a student of MEC Institutions, normally has implied permission to be on the institution premises at certain times and for certain purposes. We expect parents and other visitors to behave in a reasonable way towards members of school staff. This policy outlines the steps that will be taken where behaviour is unacceptable.

Unacceptable Behaviour

Types of behaviour that are considered serious and unacceptable and will not be tolerated:

- Shouting at members of the school staff, either in person or over the telephone
- Physically intimidating a member of staff
- Use of aggressive gestures
- Threatening behaviour
- Swearing
- Pushing
- Spitting
- Breaching the school's security procedures

This is not an exhaustive list but seeks to provide illustrations of such behaviour.



Measures Taken

If situations go beyond control, suitable action will be taken. This can include:

- Initiate a meeting/dialogue with the individual
- Write to the parent/ visitor, describing their misconduct, explaining its impact on the school and stating its unacceptability
- Warn of the possibility of a "ban" if the misconduct is repeated
- Impose a ban with a review after a fixed period
- Impose a ban without review.

Parental Rights

Every attempt will be made to maintain normal communications with parents (guardians). Even where a parent has been banned from the school premises, they retain their right to an annual consultation in relation to the educational progress of their children.

The interests of the child continue to be paramount.

Uniform for LKG & UKG

For Boys

Cream half-sleeve shirt, one pocket without flap and with collar.

American Khakhi half-pant with two side pockets and 2" loop for belt.

Black Lace shoes and white socks with Brown stripes.

Uniform belt.

For Girls

Cream Shirt without pockets with collar.

American Khakhi pinafore skirt with V-neck with box Pleats and 2" belt loop.

Black buckle shoes and White socks with Brown stripes.

Uniform belt and Maroon ribbon.

Wednesday

White T-shirt & White full-pant with two side pockets & 2" loop for belt.

White lace shoes with White socks with Brown stripes.

White T-shirt & White full-pant with two side pockets & 2" loop for belt.

White Lace shoes and White socks with Brown stripes.

Red ribbon.

Vacations

Autumn Break: 21/09/2025 to 02/10/2025
School Re-opens on: 03/10/2025

Winter Break: 24/12/2025 to 01/01/2026
School Re-opens on: 02/01/2026

Note: Any changes in dates and events will be notified in advance.

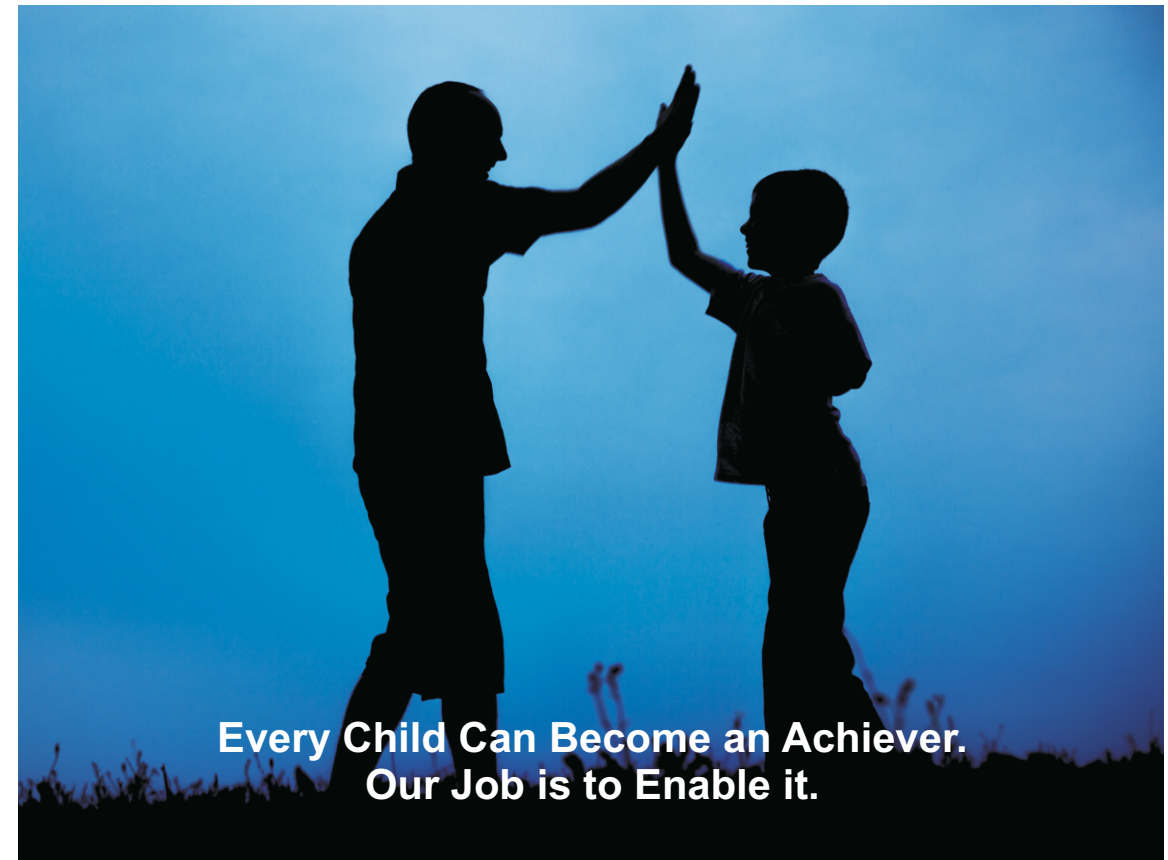
School Timings

Monday to Friday:

Play Group: 8.50 am to 12.30 pm

**Pre-Nursery,
LKG and UKG:** 8.50 am to 2.00 pm

Lunch Break: 11.20 am to 12.00 noon.



**Every Child Can Become an Achiever.
Our Job is to Enable it.**